

Karen W – Year 11 Parent

Reference for Adrian Finnegan

ACE Recall Study Performance Coaching

My son [L] has issues with both processing and memory. When I met Adrian he appeared to offer a solution which would help L with this. The timing with L's GCSEs being just 4 months away was critical. I was impressed by what Adrian offered. It seemed to be what L needed.

L liked the idea that somebody could help him to recall information under stressful exam conditions. L found the sessions quite hard initially; it was another task to complete on top of his school work. However, as the weeks progressed, L began to see the benefits of applying what Adrian had coached to his academic subjects.

L is now more aware of time management, and of constructive ways to revise and recall. It has given L a framework for his work which is super. We are now into the final 3 weeks before the exams and L is feeling encouraged to use what he has learnt.

The best thing about Adrian and the coaching is that L has established a more effective way to revise. I am more than happy I chose Adrian as L's Coach and I strongly recommend him.

**Karen W - Year 11 Mum
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