

# **B Jackson, Years 10-11, Radlett**

## **Reference for Adrian Finnegan**

### **ACE Recall Study Performance Coaching**

My daughter began her coaching in the September at the start of Year 10. She is about to complete her 3<sup>rd</sup> block of coaching before taking her GCSEs this May.

My daughter had always been very bright and conscientious but found it hard to reflect this in her end of topic tests and exams. So stressed was she taking exams at the end of Year 9 it seriously affected her and lowered her confidence. I chose Adrian because I wanted her to have ways to restore her confidence in learning, so she could revise and perform in exams as hard as she studies all year in school.

Adrian is so knowledgeable about learning, how we think, learn, remember, etc. He conducts himself in a wonderfully professional, yet supportive manner. I am very happy now. Through 121 coaching this past year my daughter now has regained so much of her confidence. She uses a range of new techniques all of which I know have helped her enormously. Best is that Adrian is always able to show and explain things to my daughter in ways she can clearly understand, then go away and practice for herself.

My daughter did extremely well in her mocks. She now feels ready to face her GCSEs this year. I have every confidence she will do her best now. I highly recommend the more balanced approach to learning that ACE Recall Study Performance coaching brings. I thank Adrian for his constant encouragement and wonderful support ongoing for my daughter.

**Mrs. B Jackson, Years 10/11, Radlett**

**4-Feb-20**